

Directions

From Route 8 (South)

Take Exit 14 South on Route 8
Turn right at bottom of exit ramp onto Howe Avenue
Take right onto Cornell Street
Parking in lot behind Farmers' Market which will be on your left or on street

From Route 8 (North)

Take Exit 14 North on Route 8
Turn left at bottom of exit ramp
At the stop sign, turn left onto Howe Avenue (Rt. 110)
Take the right onto Cornell Street
Parking in lot behind Farmers' Market which will be on your left or on street

From New Haven

Take Route 34 east Derby
Get on Rt 8 south - follow directions above

Parking in municipal lot & on side streets

Limited to 1st 625 registered

No Race Day Registration

Please copy before mailing

Boys & Girls Club of the Lower Naugatuck Valley
One Positive Place
PO Box 209
Shelton, CT 06484



2007 Commodore Hull Thanksgiving Day 5k Road Race

To Benefit Boys & Girls Club of the Lower Naugatuck Valley

Thursday, November 22, 2007

Rain or Shine

Road Race Begins Promptly at 8:00 A.M. - **Limited to 1st 625 registered**
No Race Day Registration - Packet Pickup Begins at 6:45 A.M.

Location: Start & Finish at:

Farmers Market, Canal Street
Shelton, CT (Ample parking will be available)
USATF/CT Sanctioned

Course:

Gentle hills, scenic and historic area with one water stop. Course crosses Housatonic River between Derby and Shelton twice finishing along the Shelton Riverwalk

Divisions:

(Separate Categories male & female)

Youth	Pre-High School	Master	40-49
High School	Enrolled in HS	Grand Master	50-59
Open	18-29	Golden Master	60-69
Submaster	30-39	Grand Golden Master	70+

Holstein - Male 200 lbs minimum - Female 160 lbs minimum

Awards:

First place male & female - running shoes from Hubbell Bros. - Connecticut's oldest shoe store! Commodore Hull Hats to the top male and female finishers overall and the top three male and female finishers in each division.
High School Special - Gift certificates to top 3 male and female

T-Shirts:

Top quality T-shirts courtesy of **Greco & Haines, Inc.** to all registrants - Awesome runner goody bag for first 500 registered!

Refreshments:

Complimentary refreshments served before and after the race

Raffle:

Winners posted during the race, pickup immediately after race.
No waiting! More than 50 prizes!! Plenty of time for refreshments and still make that high school football game!

**2007
Commodore Hull 5K Road Race
Benefitting**



**Lower Naugatuck Valley
Thank you
Sponsors**



Official Race Sponsor

**City of Derby - Parks & Recreation Commission
Derby Discount Liquors & Jay Patel - Realtor - ERA
City of Shelton - Department of Parks & Recreation
Jamie Cohen & DominickThomas
Mary Adzima - Realtor - Coldwell Banker
Wilson Agency, Inc.**

**Adzima & Riverview Funeral Homes
Bruegger's Bagels
Coca-Cola Bottling of New England
David M. Grant Caterers
Drs. Dworkin, Stein & Lerman Dental
Group
Hubbell Bros. Shoe Store
New England Patio & Hearth
New Haven Register
Sikorsky Financial Credit Union
Sports Center of Connecticut
Unilever
Valley Roofing & Siding
Attorney Eugene A. Skowronski
Attorney Richard A. Volo
Blanchette Sporting Goods
Carey & Guarrera Real Estate
Copernicus Marketing Consulting & Research**

**DiAdamo Associates LLC
Downtown Danny O's Bar & Grille
Dunkin Donuts - Howe Avenue
Fairfield County Custom Homes
Frankie's Grill
Inline Plastics Corp.
Law Office of Shawn K. Splan
MMA, Wilton, CT
Managing Agency Group
Northeast STIHL
Pasta Fina
Prestige Builders LLC
Rich and Ben's Hair Styling - Howe Avenue
Dr. Maureen O'Donnell Sharnick, D.M.D
Shelton Pizza Palace
Signs Unlimited
Viking Development
Winnick, Vine, Welch, & Teodosio LLC**

Packet Pickup

All those pre-registered may pick up their race packets at the Farmers Market on Canal Street in Shelton on Sunday, November 18 from Noon to 3:00 PM or Wednesday, November 21 from 4:30 to 7:30 PM. Registrations will be accepted at this time as well.

Registration Form

*(Save time & postage - Register on-line at <http://www.electronicvalley.org/Derby/HullRace>)
Please Print (Limited to 1st 625 registered)*

NAME: _____
 LAST: _____ FIRST: _____
 ADDRESS: _____
 CITY: _____ STATE: _____ ZIP: _____
 PHONE: _____
 E-MAIL: _____
 AGE: ____ (ON RACE DAY) SEX: ____ T-Shirt Size (M, L, XL or XXL) _____

Please check box **only one category** for your correct division:

- | | | | |
|--------------------------------------|--|--|---------|
| <input type="checkbox"/> Youth | <input type="checkbox"/> Pre - high school student | <input type="checkbox"/> Master | 40 - 49 |
| <input type="checkbox"/> High School | <input type="checkbox"/> Must be H.S. student | <input type="checkbox"/> Grand Master | 50 - 59 |
| <input type="checkbox"/> Open | 18 - 29 | <input type="checkbox"/> Golden Master | 60 - 69 |
| <input type="checkbox"/> Submaster | 30 - 39 | <input type="checkbox"/> Grand Golden Master | 70+ |
| <input type="checkbox"/> Holstein | | | |

Entry Fees: **No registrations will be taken on race day!**

- Registered by November 4 - \$18.00
- After November 4 - \$20.00
- Special for Students by November 19 - \$10.00
- Grand Golden Master - Free!!

Please make checks payable to: LNV Boys & Girls Club and mail to:

**Boys & Girls Club of LNV
PO Box 209
Shelton, CT 06484**

(LIMITED TO FIRST 625 REGISTERED)

In consideration of the acceptance of my entry into the 2007 Commodore Isaac Hull Road Race, I, for myself, my heirs, executors, administrators and assignees, do hereby release and discharge the Commodore Isaac Hull Road Race committee, directors, officers, agents, and all officials, sponsors, and volunteers of the race for all claims arising or growing out of my participation in said athletic event. I have full knowledge of the risks involved in this event. I am aware that there may be, at times, some traffic on the course.

Participant/Signature _____
 (or parent's signature if under 18)

For the latest information and on-line registration visit the official race website :

**<http://www.electronicvalley.org/derby/HullRace>
Race Director: Glenn Gaetano (203 944-0445)**