

Directions

From Route 8 (South)

Take Exit 14 South on Route 8
Turn right at bottom of exit ramp onto Howe Avenue
Take right onto Cornell Street
Parking in lot behind Farmers' Market which will be on your left or on street

From Route 8 (North)

Take Exit 14 North on Route 8
Turn left at bottom of exit ramp
At the stop sign, turn left onto Howe Avenue (Rt. 110)
Take the right onto Cornell Street
Parking in lot behind Farmers' Market which will be on your left or on street

From New Haven

Take Route 34 east Derby
Get on Rt 8 south - follow directions above

Parking in municipal lot & on side streets

Limited to 1st 625 registered

No Race Day Registration

Please copy before mailing

Boys & Girls Club of the Lower Naugatuck Valley
One Positive Place
PO Box 209
Shelton, CT 06484



2008 Commodore Hull Thanksgiving Day 5k Road Race

To Benefit Boys & Girls Club of the Lower Naugatuck Valley

Thursday, November 27, 2008

Rain or Shine

Road Race Begins Promptly at 8:00 A.M. - **Limited to 1st 625 registered**

No Race Day Registration - Packet Pickup Begins at 6:45 A.M.

Location: Start & Finish at:

Farmers Market, Canal Street
Shelton, CT (Ample parking will be available)
USATF/CT Sanctioned

Course:

Gentle hills, scenic and historic area with one water stop. Course crosses Housatonic River between Derby and Shelton twice finishing along the Shelton Riverwalk

Divisions:

(Separate Categories male & female)

Youth	Pre-High School	Master	40-49
High School	Enrolled in HS	Grand Master	50-59
Open	18-29	Golden Master	60-69
Submaster	30-39	Grand Golden Master	70+

Holstein - Male 200 lbs minimum - Female 160 lbs minimum

Awards:

First place male & female - running shoes from Hubbell Bros.
- Connecticut's oldest shoe store! Commodore Hull Hats to the top male and female finishers overall and the top three male and female finishers in each division.
High School Special - Gift certificates to top 3 male and female

T-Shirts:

Top quality T-shirts courtesy of **Greco & Haines, Inc.** to all registrants
Awesome runner goody bag for first 500 registered!

Refreshments:

Complimentary refreshments served before and after the race

Raffle:

Winners posted during the race, pickup immediately after race.
No waiting! More than 50 prizes!! Plenty of time for refreshments and still make that high school football game!

**2008
Commodore Hull 5K Road Race**



Lower Naugatuck Valley
Official Race Sponsors:



**Derby Discount Liquors & Jay Patel and Family
Cohen & Thomas Attorneys at Law
Wilson Agency, Inc.
City of Derby - Parks & Recreation Commission
City of Shelton - Department of Parks & Recreation**

Adzima & Riverview Funeral Homes
Bruegger's Bagels
Coca-Cola Bottling of New England
David M. Grant Caterers
Drs. Dworkin, Stein & Lerman Dental Group
Hubbell Bros. Shoe Store
New England Patio & Hearth
Sikorsky Financial Credit Union
Sports Center of Connecticut
Unilever
Valley Roofing & Siding
ASF Sports & Outdoors
Attorney Eugene A. Skowronski
Attorney Richard A. Volo
Blanchette Sporting Goods
Carey & Guarrera Real Estate
Copernicus Marketing Consulting & Research
DiAdamo Associates LLC
Downtown Danny O's Bar & Grille

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Dunkin Donuts - Howe Avenue
Fairfield County Custom Homes
Faenza Family
Frankie's Grill
Inline Plastics Corp.
Law Offices of Shawn K. Splan
Managing Agency Group
McDillon Holdings, Inc.
Northeast STIHL
Pasta Fina
Prestige Builders LLC
Rich and Ben's Hairstylists
Dr. Maureen O'Donnell Sharnick, D.M.D
Shelton Pizza Palace
Signs Unlimited
Trumbull Marriott
Viking Development
Winnick, Vine, Welch, & Teodosio LLC

Packet Pickup

All those pre-registered may pick up their race packets at the Farmers Market on Canal Street in Shelton on Sunday, November 23 from Noon to 3:00 PM or Wednesday, November 26 from 4:30 to 7:30 PM.

Registration Form

(Save time & postage - Register on-line at <http://www.electronicvalley.org/Derby/HullRace>)

Please Print (Limited to 1st 625 registered)

NAME: _____
LAST: _____ FIRST: _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
PHONE: _____
E-MAIL: _____
AGE: _____ (ON RACE DAY) SEX: _____ T-Shirt Size (M, L, XL or XXL) _____

Please check box **only one category** for your correct division:

<input type="checkbox"/> Youth	<i>Pre - high school student</i>	<input type="checkbox"/> Master	40 - 49
<input type="checkbox"/> High School	<i>Must be H.S. student</i>	<input type="checkbox"/> Grand Master	50 - 59
<input type="checkbox"/> Open	18 - 29	<input type="checkbox"/> Golden Master	60 - 69
<input type="checkbox"/> Submaster	30 - 39	<input type="checkbox"/> Grand Golden Master	70+
<input type="checkbox"/> Holstein			

Entry Fees: **No registrations will be taken on race day!**

Registered by November 16 - \$18.00
After November 16 - \$20.00
Special for Students by November 16 - \$10.00
Grand Golden Master - Free!!

Please make checks payable to: LNV Boys & Girls Club and mail to:

Boys & Girls Club of LNV
PO Box 209
Shelton, CT 06484

(LIMITED TO FIRST 625 REGISTERED)

In consideration of the acceptance of my entry into the 2008 Commodore Isaac Hull Road Race, I, for myself, my heirs, executors, administrators and assignees, do hereby release and discharge the Commodore Isaac Hull Road Race committee, directors, officers, agents, and all officials, sponsors, and volunteers of the race for all claims arising or growing out of my participation in said athletic event. I have full knowledge of the risks involved in this event. I am aware that there may be, at times, some traffic on the course.

Participant/Signature _____
(or parent's signature if under 18)

For the latest information and on-line registration visit the official race website :

<http://www.electronicvalley.org/derby/HullRace>
Race Director: Glenn Gaetano (203 944-0445)