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# DERBY SENIOR CENTER NEWS

APRIL 2014

## DIRECTOR'S NOTE

*By: Sarah Muoio*

Spring has finally arrived! Thank you to all who helped make our Intergenerational Event a success. The high school students enjoyed learning dances from the 40s, 50s, and 60s! I am happy that we have finally received all of our exercise equipment from our Valley Community Foundation

grant that was received by the Elderly Commission. Now we are able to offer a variety of exercise programs to keep you in shape! Whether you enjoy group classes or individual programs, please take advantage of these wonderful programs we have to offer. Our patio project has gone back out

to bid and should be finished by the summer weather. We look forward to building the perfect place for you to sit, enjoy the nice weather, and even participate in some fun outdoor activities that we will have to offer. As always, we are open for suggestions and ideas, so stop by!

## APRIL INDOOR COOKOUT

Thursday, April 17th, 2014

12:00 Noon

\$3.00 per person

Join us for hamburgers and hotdogs, pasta salad, macaroni salad, coffee, tea, and dessert as you listen to the musical entertainment of HHR DJ Services. Hank the DJ pro-

vides you with great entertainment as he accepts all your requests! Grab a group of friends and come spend the afternoon relaxing, eating, and listening to great mu-

sic! Sign up now!



## SPECIAL POINTS OF INTEREST:

- Elderly Commission will meet Monday, April 7th, 2014 at 3:00 PM
- Executive Board will meet Tuesday, April 8th, 2014 @ 10:00 AM
- The Activities Committee will meet Wednesday, April 9th, 2014 at 1:00 PM.
- Our Choices Counselor is available for those of you who need help with Medicare questions. Please call (203) 736-1484 to make an appointment.
- AARP Safe Driving Course will be held April 10th, 2014 from 12:30-4:30 PM. Please sign up by calling the office at (203) 736-1484 for a reservation.
- We will be closed April 18th in observance of Good Friday.

## INDIVIDUAL EXERCISE PROGRAM



Thanks to the Elderly Commission and the Valley Community Foundation, we now have exercise equipment on the basement level for you to use at your own convenience. In order to start using our equipment, simply stop by the office and see Sarah about filling out our

exercise waiver. If you feel you need instruction, please talk to someone in the office about setting up an appointment to learn to use the equipment. To date, we have an elliptical, a recumbent bicycle, a weight system, and free weights. The room is also equipped with wall to wall mirrors so you

watch your form as you work out. Take advantage of this brand new machinery. Again, a big thanks to the Elderly Commission and Valley Community Foundation!

## MONTHLY BREAKFAST

April 24th, 2014

9:00 AM

\$4.00 per person



Join us for your choice of scrambled or over easy eggs, sausage, hash browns, and oatmeal. Juice, coffee, and tea will also be provided. As always, there will be extra surprises.

## CALIFORNIA NEW YEARS PRESENTATION

April 9th, 2014

1:00 PM

Join our travel team for a presentation on our California New Year's Getaway featuring the Tournament of Roses Parade with optional 3-Night Las Vegas Post Tour Extension. The trip goes from December 29th, 2014-January 2nd, 2015. Get a full explanation of itinerary and have all your questions answered at this presentation!

## ROUND TABLE DISCUSSION WITH SENATOR JOE CRISCO

Thursday, April 10th, 2014

12:00 PM

Senator Crisco wants to know what state issues are most important to his senior constituents and their families. Please contact his office at 1-800-842-1420 with any questions about the Round Table Discussion or any concerns regarding state issues that you would like to give feedback about or which you need assistance with.

## 5 WISHES PROGRAM

Thursday, April 24th, 2014

12:30 PM

Five Wishes is changing the way America talks about and plan for care at the end of life. Five Wishes has become America's most popular Living Will because it is written in everyday language and helps start and structure important concerns about care in times of serious illness.

Join VITAS Innovative Hospice Care as we prepare one of the most important documents needed for every family. Five Wishes will change the way you think about End of Life Care Planning.

## MONTHLY REMINDERS AND SUCH!

- ◆ **\$10.00 Haircuts** will be available Monday April 7th, 2014 from 9:00 AM-11:00 AM. Call us at (203)736-1484 to make an appointment. **Please note the day has changed for haircuts!**
- ◆ **BIRTHDAY BINGO** will be held on Tuesday, April 22nd, 2014 at 1:00 PM. Thank you to Birmingham Health Center for hosting this wonderful event with prizes and treats!
- ◆ Visit us online at [www.facebook.com/derbyseniorcenter](http://www.facebook.com/derbyseniorcenter)
- ◆ Tax appointments are available Mondays and Tuesdays, every hour on the hour from 10-2 by appointment only through April. Please call to make your appointment!



### UPCOMING EVENTS

~May 6th, 2014 Register Mary Poppins at Westchester on July 17th

~May 13th, 2014 Register Nautical Newport on July 23rd

~May 15th, 2014 Glee Club Concert Songs of the 60s

~June 5th All American Patriotic Intergenerational Dinner 4-6 pm

### In Loving Memory

~ Paul Pawlak

~Anne Palmieri

~Bea Mastronardi

~Ronald Allen Sr.

~Jack LaRocca

**Please Note:** This section is just a reminder of upcoming dates to save. Sign ups begin when these programs are posted in April

## Current Trip Schedule

2014

### DAY TRIPS

Hearts & Lights w/ Rockettes	Canceled	April 15th
Ragtime the Musical at Westchester	Sold Out!	April 24th
Connie Francis	Register Now!	May 8th
A Day at the Races/Suffolk Downs	Register April 15th	June 16th
9/11 Memorial and Museum	Register April 15th	June 23rd
Landmark's Lobster Bash	Register April 22nd	July 16th
Block Island	Register April 8th	August 21st

### OVERNIGHT TRIPS

Discovering Poland	Registration Closed	April 24-May 5
Alaska Denali Discovery	Sold Out!	May 19-May 30
Moses at Lancaster	Sold Out!	May 19-May 20
Booth Bay Harbor Maine	Register March 18th	May 18-30
Mackinac Island	Register March 25th	July 15-22

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## TRIP REGISTRATIONS APRIL 2014

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### **BLOCK ISLAND**

**Thursday, August 21st, 2014**

**\$87.00**

**Register April 8th, 2014 at 9:30 AM**

Travel to Block Island where you will enjoy lunch at the National Hotel. Lunch will be served consisting of a house salad, choice of Baked New England Scrod with bread crumbs and lemon juice, Pan Fried Chicken Breast, or Pasta Pomodori. Lunch also includes bread and butter, rice, vegetable, soft drink, Apple Rum Cobbler, Coffee or Tea. Following lunch climb aboard a shuttle bus for an Island Tour along the beaches, hilltops, and beautiful vistas. After the tour have time to explore.

### **A DAY AT THE RACES SUFFOLK DOWNS**

**Monday June 16th, 2014**

**\$67.00 per person**

**Register April 15th, 2014 at 9:30 AM**

Off to the races at Suffolk Downs, just three miles from downtown Boston. Your day includes Clubhouse admission, a daily racing program and a race named in honor of your group. Also included is a complete hot and cold luncheon buffet, with a variety of tasty foods to choose from.

### **9/11 MEMORIAL AND MUSEUM**

**Monday, June 23rd, 2014**

**\$106.00 per person**

**Register April 15th, 2014 at 9:30 AM**

Depart to NYC to visit the 9/11 Memorial. The museum will be broken down into two sections, leading visitors through the events of September 11, 2011. Enjoy a late afternoon lunch at the famous Italian restaurant Carmine's. Your meal will be served family style and consist of Rigatoni & Broccoli and Chicken Parmigiana served with all the trimmings.

### **LANDMARK'S LOBSTER BASH**

**Wednesday, July 16th, 2014**

**\$83.00 per person**

**Register April 22nd, 2014 at 9:30 AM**

Travel to Amarante's Sea Cliff on the shore in East Haven where you will enjoy a social hour of Penne ala Vodka, Sweet and Sour Meatballs, Fried Dough Pizza, and Frittata. Following social hour, will be a Down East Clam Bake with your choice of 1 1/4 lb. Fresh Lobster or Sliced Beef Tenderloin, New England Clam Chowder, Corn on the Cob, Roasted Red Skin Potatoes, Steamed Mussels, Barbeque Chicken, Strawberry Shortcake, and Iced Tea. The entertainment will be One Night with Elvis starring Brian Weldon.

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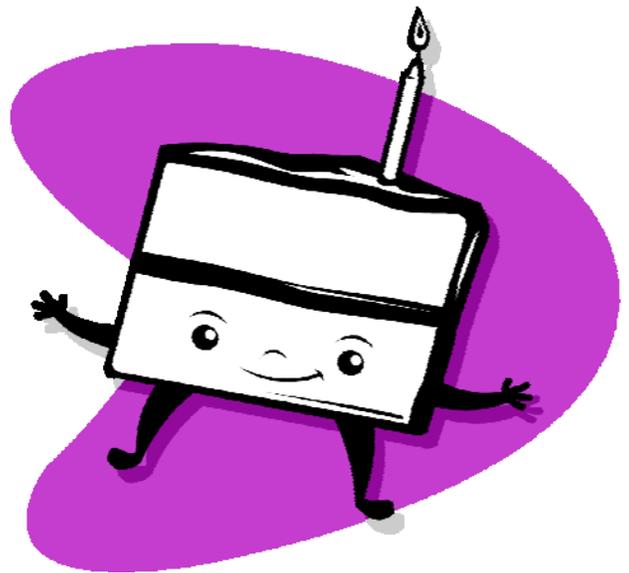
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	1) 9:00 Bridge 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	2) <b>No Yoga or Time To Get Fit</b> 1:00 Wednesday Social	3) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café	4) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
7) <b>9-11 \$10 Haircuts</b> 9:30 Glee Club 9:30 Painting 1:00 Country Line Dancing <b>3:00 Elderly Commission</b>	8) 9:00 Bridge <b>9:30 Register Block Island on 8/21</b> 9:30 Quilting Class <b>10:00 Executive Board</b> 11:45 Senior Café 1:00 Bingo	9) <b>No Yoga or Time To Get Fit</b> 1:00 Wednesday Social <b>1:00 California New Year's Trip Presentation</b>	10) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café <b>12:00 Joe Crisco Round Table Talk</b> <b>12:30 AARP Driving</b>	11) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
14) 9:30 Glee Club 9:30 Painting 1:00 Country Line Dancing	15) 9:00 Bridge <b>9:30 Register Suffolk Downs and 9/11 Museum</b> 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	16) <b>No Yoga or Time To Get Fit</b> 1:00 Wednesday Social	17) 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting <b>12:00 Cookout!</b>	18) <b>CLOSED GOOD FRIDAY</b> 
21) 9:30 Glee Club 9:30 Painting 1:00 Country Line Dancing	22) 9:00 Bridge <b>9:30 Register Lobster Bash on 7/16</b> 9:30 Quilting Class 11:45 Senior Café <b>1:00 Birthday Bingo</b>	23) 9:15 Yoga 10:30 Time to Get Fit 1:00 Wednesday Social	24) <b>9:00 Breakfast</b> 9:30 Mahjongg 9:30 Pinochle 10:00 Knitting & Crocheting 11:45 Senior Café <b>12:30 5 Wishes</b>	25) 10:00 Tai Chi 10:00 Shopping 10:00 Arts & Crafts 1:00 Zumba Gold
28) 9:30 Glee Club 9:30 Painting 1:00 Country Line Dancing	29) 9:00 Bridge 9:30 Quilting Class 11:45 Senior Café 1:00 Bingo	30) 9:15 Yoga 10:30 Time to Get Fit 1:00 Wednesday Social		

# HAPPY APRIL BIRTHDAY!

Helen Abate  
Dorothy Andrus  
Judith Augusta  
Patricia Barretto  
Antoinette Baxter  
Palma Bowers  
Anthony Brancato Sr.  
Ann Brown  
Richard Burns  
Mary Ann Cacchillo  
Joseph Cacchillo  
Maureen Camera  
Earlane Cavallaro  
Doris Childs  
Nancy Clark  
Ruth D'Addario  
Eleanor DeFelice  
Patricia DeGeorge  
Perry DeGeorge  
Millie Dostiglio  
Margaret Duggan  
Joseph Dzikas  
Theresa Erikson  
Carol Esposito  
Marie Feducia  
Helen Filo  
Gertrude Fogarty  
Wilhelmina Fortson  
Suzanne Foster  
Frank Franco  
Sharon Frasca  
Mary Fresiello  
Henrietta Fritz  
Thomas Gaetano  
Esther Gaidosz  
Jose Galarraga  
Elaine Gallucci  
Barbara Garofalo  
Robert Getlein  
Arthur Giarratano  
Ruth Ginter  
Rita Glenn  
Frances Gneatak  
Marion Gorzelany  
John R. Granatie  
Carmen Guarascio  
William Harkins  
Robert Hustek  
Genevieve Jalowiec  
Joan Kayser  
Patricia Kennedy  
Florence Klezovich  
Clarence Knight  
Jacqueline Kopcik  
Joan Kovacs  
Theodore Krupa  
Nancy Kuczynski  
Peggy Kuzia  
Edward Kuzia  
Theresa La Rocque

Alice La Rovera  
Dolores Le Page  
Bernice Lesnick  
Kathy Lester  
Rena Lewis  
Eve Lezynski  
Maureen Luciano  
Jean Lupone  
Jeanne Markut  
Gloria Marshall  
Maria Marulli  
Eleanor Mascolo  
Genevieve McCluskey  
Beverly McMahon  
Jean Mead  
Rissa Mendlestein  
Helen Migani  
Agnes Montini  
William Moyher  
Sophie Muskavitch  
Lorraine O'Callaghan  
Walter Oko  
Joseph O'Leary  
Hillie Olfson  
Antonio Onofrio  
Margaret Orzaietti  
Helene Pacowta  
Anne Palmieri  
Carmen Palumbo  
Kathy Peterson  
Janet Petrucelli  
Ann Piscioneri  
Frances Pochy  
Joan Popowchak  
Jaime Puruncajas Sr.  
Claire Rahael  
Shirley Roberts  
Dolores Rose  
Salvatore Sampiere  
Ida Scaife  
Oscar Schwarz  
Walter Scott  
Nellie Semon  
Ann Sepkaski  
Mary Sexton  
Ethel Shaw  
Rita Sheehy  
Mildred Sholtys  
Alan Simpson  
Stanley Smalec  
Mary Sosenko  
Gail Soucy  
Victor Stasonis  
Margaret Sullivan  
Joan Swift  
Florence Szeligowski  
George Taylor  
Elizabeth Tiano  
John Tilki  
John Tomulonis  
Barbara Toni

Gloria Trotman  
Jennie Tuccio  
Giustina Vanchot  
Vittorio Venier  
John Vitka Jr.  
Joseph Volduro  
Genevieve Walsh  
Patricia Walsh  
Joann Warner  
Evelyn Wilcox



# Easter Word Search

Find the hidden words pertaining to Easter.

N M W O L L A M H S R A M W E W C  
G E Y O V S S E D D O G M G K R M  
Y A T T B S K C I H C O G C E W P  
L S I P Q D B U A X B S G S Q B I  
I T L D E L A Y E M P T U Q O K Q  
L E I D Z G S G A O G R O N O P G  
R R T E H N K L Q Y R R N Q G A O  
E L R Z Q I E L F E D E A V H L O  
T L E L Y R T Y C E T N N S Q M D  
S A F W C P Q T D G R Z A H S S F  
A N A I T S I R H C J T U C I U R  
E R G R A O C J N L E N S H K N I  
S E Y L N S W D P V T C G A R D D  
U V N C H O C O L A T E H O E A A  
Q O N E R I V I S W S L E N T Y Y  
V R U I E Q U I N O X A Q T E M O  
N Z B Y N L I O U H D I N N E R R

- BASKET
- BONNET
- BUNNY
- CANDY
- CHICKS
- CHOCOLATE
- CHRISTIAN
- DINNER
- EASTER
- EASTERLILY
- EASTRE
- EGGS
- EQUINOX
- FERTILITY
- GODDESS
- GOODFRIDAY
- GRASS
- HUNT
- LAMB
- LENT
- MARSHMALLOW
- PALMSUNDAY
- RESURRECTION
- SPRING
- VERNAL